

“Sandie’s Big 5” Workshop Notes – Allan Hurst

A2 Workshop Notes

- HINGE/CAST/TRADE/CIRC/RUN definitions/teaches

Complex calls:

- **Chain Reaction** – hinge, cast $3/4$
- **Motivate** – circulate, cast $3/4$, trade, turn $1/2$
- **Cast a Shadow** – cast $3/4$, hinge

Advanced calls using Hinge or $1/4$:

- **Chain Reaction** - “The very centers Pass Thru with the dancers they are facing, while the ends of the center line/wave Promenade $1/4$ around the outside of the set. The original very centers and the dancers they are next to, Hinge. The centers Star (or Diamond Circulate) one spot, while the outsides Trade. Those who meet now Cast Off $3/4$, while the others move up (very centers along an outward diagonal, and very ends along a quarter circle) to become the ends of Parallel Waves.”
- **Mini Busy** - “The trailers As Couples Extend, have the center two Hinge, and Flip the Diamond. Meanwhile, the lead couples (working around the outside) Face In, step forward one spot, and Face In.”
- **Single Wheel** (“You can think of this as a Hinge and Roll.”)
- **Cast A Shadow** (enfacing centers) - “ends $1/2$ Zoom, Arm Turn $3/4$, and Spread to become ends of a 2x4. Meanwhile centers facing out Cloverleaf and centers facing in Extend, Arm Turn $1/4$, and Extend. The centers finish as centers of a 2x4 by stepping in between ends who spread apart “
- **Lockit** (centers)
- **Quarter In/Out**
- **Quarter Thru**
- **Grand Quarter Thru**
- **Mini Busy** - “The trailers As Couples Extend, have the center two Hinge, and Flip the Diamond. Meanwhile, the lead couples (working around the outside) Face In, step forward one spot, and Face In.”
- **Remake / Grand Remake**
- **Scoot and Weave** - “Scoot Back. Those facing in Left (Right) Touch $1/4$ with each other, while those facing out Quarter Right (Left). Ends in a Wave.”

Advanced calls using Trade or 1/2:

- **Chain Reaction**
- **Motivate** – “All 8 circulate, ends go $\frac{1}{2}$ more; Centers who meet cast $\frac{3}{4}$; we have a star and 2 miniwaves...everything trades or turns $\frac{1}{2}$; those who meet cast $\frac{3}{4}$ while the ends move up.
- **Quarter Thru**
- **Grand Quarter Thru**
- **Remake / Grand Remake**
- **Swing**
- **Slip**
- **Mix / Swing and Mix**
- **6x2 Acey Deucey**
- **Triple Trade**
- **Diamond Chain Thru**
- **Cut the Hourglass**
- **Peel and Trail**
- **Trade Circulate**
- **Crossover Circulate**

Advanced calls using Cast Off 3/4:

- **Chain Reaction**
- **Motivate**
- **Cast a Shadow** (ends)
- **Three-Quarter Thru**
- **Grand Three-Quarter Thru**
- **Transfer the Column** (#3 and #4 dancers)
- **Remake / Grand Remake**
- **Diamond Chain Thru**
- **Pass and Roll Your Neighbor**
- **Grand Follow Your Neighbor**
- **Spin the Windmill**
- **Box Transfer** - “Leads Box Circulate Twice and Quarter In, while the trailers Extend, Arm Turn 3/4, and Extend.”

Advanced calls using Circulate:

- **Motivate**
- **Transfer the Column** - “The #1 and #2 dancers Circulate 3 spots, working slightly wider than usual to give the centers room, and Face In (to become a Couple). Meanwhile, the #3 and #4 dancers Circulate and Arm Turn 3/4. From the momentary Right-Hand or Left-Hand 1/4 Tag, all Extend to form Parallel Waves.”
- **Checkmate the Column** - “numbers 1 and 2 in each column Circulate four times and Face In while numbers 3 and 4 Circulate twice, Face In to form a couple, then individually Circulate.”
- **Box Transfer**
- **Hourglass Circulate**
- **Cut the Hourglass**
- **Flip the Hourglass**
- **Trade Circulate**
- **Crossover Circulate**
- **6x2 Acey Deucey** (diamonds, point to point diamonds, hourglass, waves between miniwaves)
- **Inroll Circulate** - “In each line, the end facing in Circulates. Meanwhile, each of the other dancers (in a single, smooth motion) faces the vacated spot, steps forward, and turns another 1/4 the same way he first turned.”
- **Outroll Circulate** - “In each line, the end facing out Circulates. Meanwhile, each of the other dancers, in a single, smooth motion, faces the vacated spot, takes a step forward, and turns another 1/4 in the same direction he first turned.”
- **Spin the Windmill** - “Centers Swing, Slip, and Cast Off 3/4, while the outsides face as directed and Circulate two positions.”
- **Split / Box Transfer** - “Leads Box Circulate Twice and Quarter In, while the trailers Extend, Arm Turn 3/4, and Extend.”
- **Switch to a Diamond**
- **Switch to an Hourglass**

Advanced calls using Run or Cross Run:

- **Flip the Hourglass**
- **Mix / Swing and Mix**
- **Switch the Wave**
- **Switch to a Diamond**
- **Switch to an Hourglass**
- **Swap Around** - “The belle in each couple walks straight forward without turning, to take the spot of the dancer s/he was facing. At the same time, the beau in each couple Runs (passing behind his starting partner) into the spot being vacated”
- **Reverse Swap Around** - “the beaus walk (as in Walk and Dodge) while the belles run to the left.”
- **Flip the Hourglass**

Plus Workshop Notes

- HINGE/CAST/TRADE/CIRC/RUN definitions/teaches

Complex Calls

- **Spin Chain Thru** – trade, cast $\frac{3}{4}$
- **Spin Chain the Gears** – $\frac{1}{2}$, cast $\frac{3}{4}$
- **Spin Chain and Exchange the Gears** – $\frac{1}{2}$, cast $\frac{3}{4}$
- **Relay the Deucey** – $\frac{1}{2}$, cast $\frac{3}{4}$
- **Coordinate** – trade
- **Load the Boat** – trade (centers part)

Plus calls using Hinge or 1/4:

- **Linear cycle**

Plus calls using Trade or 1/2:

- **Spin Chain Thru**
- **Spin Chain the Gears**
- **Spin Chain and Exchange the Gears**
- **Relay the Deucey**
- **Coordinate**
- **Trade the Wave**
- **Acey Deucey**
- **Crossfire**
- **Cut the Diamond** - “The centers of the diamond do a Diamond Circulate to the next position in their diamond, while the points slide together and Trade.”
- **Load the Boat** (centers part: “Pass thru, turn back on partner, trade with new partner, pass thru”)
- **Triple Scoot**
- **Linear Cycle**
- **[Mainstream] Turn Thru** - “In one smooth motion, dancers Step To A Wave (but use forearm styling), Right Arm Turn $\frac{1}{2}$, and Step Thru.”
- **Scoot Back** - Waves: “Trailers Extend, Arm Turn $\frac{1}{2}$, Extend while leaders Box Circulate“ / $\frac{1}{4}$ tag: “Extend, Arm Turn $\frac{1}{2}$, Extend”

Plus calls using Cast Off 3/4:

- **Spin Chain Thru**
- **Spin Chain the Gears**
- **Spin Chain and Exchange the Gears**
- **Relay the Deucey**
- **Follow Your Neighbor** - “While the Trailers Extend and Arm Turn 3/4, the Leaders move forward in a tight three-quarter (270 degree) circle toward their partner to finish as ends of an ocean wave. Follow Your Neighbor cannot be fractionalized.”

Plus Calls using Circulate:

- **Acey Deucey**
- **Diamond Circulate**
- **Chase Right** - “The net result is the same as if the right-hand dancer had done a right face U-Turn Back and Box Circulate twice). The left-hand dancer follows ("Chases") the right-hand dancer by doing a Box Circulate two positions.“
- **Coordinate**
- **Cut the Diamond**
- **Flip the Diamond**
- **Ping Pong Circulate**
- **Relay the Deucey**

Plus Calls using Run

- **Flip the Diamond** - “The centers of the diamond do a Diamond Circulate to the next position in their diamond, while the points Run ("Flip" 180 degrees) into the nearest center position and join hands to become the centers of the forming wave or line.”
- **Triple Scoot** - “Dancers facing each other on a diagonal (three pairs) step forward to join adjacent forearms, turn one-half (180 degrees) and step forward to finish in a position vacated by the dancer who was originally adjacent to them in the column. Meanwhile, the #1 dancer in each column Runs into the position vacated by the adjacent #4 dancer who is doing the forearm turn.”

Plus calls using Fold or Cross Fold:

- **Crossfire** – Centers trade and extend while the ends cross-fold.
- **Crossfire from outfacing lines** (ends in ¼ tag)
- **Linear Cycle** - “1. The end and adjacent center dancers Hinge. / 2. In one blended action, the Leaders Fold (behind the Trailers) as the Trailers begin a Double Pass Thru (or a Left Double Pass Thru if both mini-waves were left-handed before the Fold). / 3. As the dancers complete the Double Pass Thru, each pair of Tandem dancers Peel to their right or left depending on the handedness of their mini-wave before the Fold. The ending formation is Facing Couples.”

SSD Workshop Notes

- HINGE/CAST/TRADE/CIRC/RUN definitions/teaches

SSD calls using Hinge or 1/4:

- **Touch $\frac{1}{4}$**
- **Single Hinge**
- **Couples Hinge**

Basic calls using Trade or 1/2:

- **Partner Trade**
- **Couples Trade**
- **Trade By**
- **Touch $\frac{1}{2}$**
- **Chain Down The Line (centers turn $\frac{1}{2}$)**
- **Swing Thru**
- **Scoot Back**

Basic calls using Cast Off 3/4:

- **Touch $\frac{3}{4}$**
- **Cast Off $\frac{3}{4}$**

Basic calls using Circulate:

- **[named dancers] Circulate**
- **Couples Circulate**
- **All 8 Circulate**
- **Single File Circulate / Column Circulate**
- **Box/Split Circulate**

Basic calls using Run:

- **Run**
- **Cross-Run**

Basic calls using Fold:

- **Rollaway** - “From a couple, the man steps back on slight right diagonal as the woman folds to face him. Continuing the momentum, they change hands. He steps forward to his right and she finishes her dance action. “
- **Recycle** - “Ends Cross Fold. Meanwhile, each Center Folds behind the adjacent End and follows the End around, adjusting to finish side-by-side in Facing Couples.” Sandie calls this “The 3 F’s: Fold, Follow, Face.”